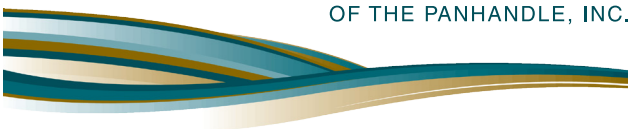


BUILDING YOUR END OF LIFE TOOLKIT

Social Work CEU Series

Art Therapy

April 27, 2012



Hospice of the Panhandle
122 Waverly Court
Martinsburg, WV 25403

Registration Form

Seating is limited. Please register at least five business days before the scheduled class.

Name _____
Address _____
Phone _____ Email _____
Class: Art Therapy April 27, 2012
Registration Fee Included: _____\$35

This program meets the criteria for 3 contact hours of Category 1
Continuing Education Units as approved by the West Virginia Board of Social Work
Examiners and provided by Hospice of the Panhandle #490109.

TITLE

Art Therapy

SPEAKER

D. Michelle Ellis-Thomas, MCAT
Director of Art Therapy, West Liberty University

D. Michele Ellis-Thomas joined the art faculty of West Liberty University in August of 2011. Prior to 2011, she was an Adjunct Instructor at Moore College of Art and Design, Adjunct at Hahnemann University, after receiving her Master of Creative Arts in Therapy (MCAT) degree from Drexel Hahnemann Medical and Graduate University in 1985. She received her Bachelor's Degree in Fine Arts with a double major in Art/Education minor in 1971 from Sam Houston State University. Prior to this, she studied art at the Instituto Allende, San Miguel de Allende, GTO, Mexico.

Following receipt of her MCAT degree, she maintained private practice in Houston, Texas, presented Art Psychotherapy on the University of Houston Radio (88.7 FM), Galveston, TX, September 1988. "Pictures Show More Than an Artist May Imagine", Galveston Daily News, Front Page, July 1988. Presented on "Separation Anxiety in Children", Good Morning Houston, Channel 13, guest appearance with Dr. Jerome N. Sherman (President of ASSECT and Board of Texas State of Psychological Examiners), September 1986.

Her Master's of Science in Forensic Medicine (MS in Forensic Medicine) was awarded by Philadelphia Osteopathic School of Medicine in 2010. She interned at Jefferson Medical College in Pathology, assisting in the conduction of Autopsies, Natchitoches Medical Center in Emergency Room, Natchitoches, LA, Smith County Sheriff's Dept in Homicide. She has additional credits from University of St Matthews Medical School in Grand Cayman, St. Joseph College in Maine in Hospital Administration as a dual degree while at St. Matthews, University of Texas at Tyler (Anthropology), and currently working toward Masters of Liberal Studies at Rice University.

She has been a member of Texas State Teachers Art Association (TSTA), National Art Teachers Association (NATA), is currently a Registered Art Therapist through the Credentialing Board of Art Therapists (ATR). At Rice University in Houston, Texas, she reviewed undergraduate applicants for undergraduate admissions. Publications include: Entertainment Guide Magazine, Art Gallery, Theatre Reviews, Art/Theatre Critic and Editor, Reviews, 1999-2002. Art Critic Review/ Editor. "Going to the Dogs and It's the Cat's Meow." Submissions for publication for local newspapers, 2002-2003., National Poet Society- Nominated for Poet of the Year 2005. "Cotton Thoughts". She has previously lived in Belize, Central America, Mexico, and traveled throughout Europe.

Assistant Professor D. Michele Ellis-Thomas now teaches courses in Art Therapy. Research interests involved the studying the Psychological Implications in Mayan Hieroglyphs, and additional various areas attributed the utilization of Art Therapy.

WHEN

Friday, April 27, 2012
8:30-9am registration and breakfast
9am - noon

WHERE

Multi Purpose Room
Hospice of the Panhandle,
122 Waverly Court, Martinsburg

REGISTER

phone 304.267.1870 x 208
e-mail ktroppman@hospiceotp.org
mail EOL Series c/o Hospice of the Panhandle
122 Waverly Court Martinsburg, WV 25403
(registration form enclosed)

COST

\$35.00

COURSE DESCRIPTION

Art therapy is a form of psychotherapy used in a therapeutic setting. It is a form of non-verbal communication that encourages patients to explore feelings and emotions which may be difficult to express verbally. Art Therapy is used in many clinical therapeutic settings as well as others and is supervised/conducted by a Masters Level Art Therapist preferably with a Registered Art Therapy Certification from the American Art Therapy Association. Art therapy can often improve the psychological well-being of patients suffering life-limiting illness who struggle with both confusing and conflicting emotions. These factors can trap patients in a downward cycle of acute anxiety, pain and depression which can lead to physical symptoms, impairing the body's ability to tackle the underlying disease. The use of art therapy as either a form of psychotherapy or as art for therapy uses the art media, art product and the art process as the primary method of communication. This process can give back to the patient a feeling of control and give permission to the patient to express his/her underlying sense of grief and loss. Sessions can be cathartic -- enabling articulation and the release of distressful and sometimes overwhelming feelings.

During this presentation, education on the process of Art Therapy and its use with the dying will be provided as well as a hands-on project to demonstrate the use of Art Therapy in work with the terminally ill patient.